

Research on the Integration and Value of Chinese Medicine Culture and Chinese Traditional Culture

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Abstract

Chinese excellent traditional culture is the treasure of our country, and the culture of traditional Chinese medicine is an important part of Chinese traditional culture and national soft power. The development and promotion of traditional Chinese medicine culture is an important way to realize the development of traditional Chinese medicine and the inheritance of Chinese traditional culture. In this paper, through the thinking of traditional Chinese medicine and Chinese traditional culture, the status quo of traditional Chinese medicine culture and the value connotation of Chinese traditional culture were analyzed, and then showed that Chinese medicine culture promoted the development of Chinese traditional culture.

Keywords

Traditional Chinese medicine culture, Chinese traditional culture, Integrated development.

1. Analysis of the Current Situation of Traditional Chinese Medicine Culture

With the rapid development of modern medicine, Chinese people's confidence in traditional Chinese medicine culture is not high, which leads to the slow development of traditional Chinese medicine. At the same time, western medicine has gradually become the first choice for people to treat diseases. Traditional Chinese medicine(TCM) is an ancient traditional culture in China. Many prescriptions and medical books have been produced since ancient times. However, there are many obscure concepts in TCM culture, which are difficult for non-professionals to understand[1]. This also makes it more difficult to popularize TCM culture to the general public.

Secondly, it is necessary to inherit the traditional Chinese medicine culture and cultivate professional talents[2]. At present, China's lack of support for Chinese medicine colleges and universities, the lack of flexible innovation in the teaching mode of traditional Chinese medicine in Colleges and universities, and the training program is not clear. As a result, the students of this major do not have enough understanding on the cultural theory of traditional Chinese medicine, and lack a lot of opportunities for clinical practice, which makes the quality of personnel training low.

Finally, the trend of global consumption tends to western medicine, which shows that the consumption level of traditional Chinese medicine is not high at present. The reason may be that the process of TCM suffering is complex and the effect is slow, which is more suitable for curing chronic diseases.

2. Analysis of Connotation of Traditional Chinese Medicine and Chinese Traditional Culture

Chinese traditional culture is rich and diverse, with a long history. The so-called culture is the sum of things accumulated by human beings from inside and outside. The so-called tradition is the root of a nation, the symbol of a nation, and the preservation of people's thoughts in ancient times. The traditional culture of the Chinese nation is the wisdom crystallization of the ancient working people for thousands of years.

The connotation of Chinese traditional culture can be analyzed from the following three aspects: first, the basic ideas. There are hundreds of schools of thought in ancient China. The Confucian culture represented by the four books and five classics has influenced the Chinese children for thousands of years. In the book of changes, "self-improvement" and "good morality and carrying things" have become the pillars of the spirit of the Chinese people. The wisdom and thinking conceived by the ancients has brought great convenience to future generations. The second is the core[3]. The core of the Chinese cultural tradition is the enduring cultural spirit. The source of the Chinese nation's reproduction through the ages is their own national integrity and cultural spirit. Thirdly, core values. "The doctrine of the mean" is the most basic value of ancient Chinese people, it creates a brilliant Chinese culture, so that people have a basic understanding of the correctness of things, and it is an important value orientation of Chinese traditional culture.

Chinese traditional culture has rich connotation, and the essence and the dross exist together. We should treat it dialectically, remove its dross, extract its essence, criticize inheritance and innovate transformation.

As an important part of Chinese traditional culture, traditional Chinese medicine is the only traditional science and technology with important role. In ancient times, people paid attention to the harmony of yin and Yang. Traditional Chinese medicine developed by this way, emphasizing "Yin Ping Yang secret, spirit and even"[4]. Nowadays, traditional Chinese medicine (TCM) system integrates the traditional spirit of the Chinese nation after combining the humanities knowledge of various disciplines. It can be said that it perfectly embodies the essence of Chinese traditional culture, and has a very important role and value in today's social and cultural life.

3. The Promotion and Integration of Traditional Chinese Culture by Chinese Medicine Culture

Traditional Chinese medicine culture is an important part of Chinese traditional culture, the sum of spiritual civilization and material civilization which embodies the essence and characteristics of traditional Chinese medicine. It is a unique theoretical system based on Chinese traditional culture. Since ancient times, proverbs had been there such as "a scholar learns medicine, catching a chicken in a cage", "a scholar learning from a doctor is like picking up a root of onion", which fully reflects the mutual relationship between traditional Chinese culture and traditional Chinese medicine. The development of Chinese traditional culture is the premise of promoting the development of traditional Chinese medicine, and the development of Chinese medicine culture will further promote the development of traditional Chinese culture.

Chinese medicine promotes the construction of Chinese moral culture. The revival of traditional culture is an important step in building a moral China. A large number of discussions on medical ethics in traditional Chinese medicine culture are just the essence of the moral spirit of traditional culture, such as the idea of advocating harmony in harmony and the value orientation of medicine as benevolence, carrying forward the moral concept represented by

"hanging a pot to help the world" and "doctors' Benevolence" in traditional Chinese medicine culture is not only conducive to the current professional ethics construction of doctors, but also the humanistic spirit embodied in it is of great significance to the construction of Chinese moral culture.

Chinese medicine promotes healthy China strategy. Health Chinese strategy is the guiding principle of health work in the new era. Chinese medicine, as a characteristic medicine system in China, will play an important role in the strategy of healthy China. Therefore, we should seize this opportunity to further develop Chinese medicine culture and enhance people's recognition of the value of traditional Chinese medicine and cultural confidence.

Chinese medicine promotes self-confidence and self-improvement of Chinese culture. Traditional culture is the basic support of a nation's emotion and existence. After thousands of years of development and accumulation, Chinese traditional culture has been immersed in the heart of the Chinese nation and exerts a subtle influence on all aspects of Chinese life. Chinese medicine is the essence of Chinese culture accumulated and condensed in the development process of Chinese medicine in thousands of years. To revitalize and prosper the culture of traditional Chinese medicine and actively cultivate the soil for the rejuvenation of Chinese excellent traditional culture will inevitably enhance the consciousness and self-confidence of national culture and enhance the national cohesion.

4. Conclusion

The rise and fall of a nation is, first of all, the rise and fall of its national culture. In order to realize the Chinese dream of great rejuvenation of the Chinese nation, the Chinese traditional culture must be well developed. As an important component of Chinese tradition, the rise and fall of traditional Chinese medicine is the key to the rise and fall of traditional culture. Therefore, we should seize the opportunity of development, actively carry forward the culture of traditional Chinese medicine, adhere to the principle of upholding integrity and innovation, and adhere to the inheritance and innovation of traditional Chinese medicine culture. The popularization and publicity of medical culture can deeply understand the traditional Chinese medicine culture with Chinese traditional culture, promote the Chinese culture to the world through the development and dissemination of Chinese medicine culture, and promote the realization of the Chinese dream of great rejuvenation of the Chinese nation.

5. Research Subject

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