

The Function of Dance in Mass Artistic Aesthetic Education

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Abstract

Abstract Dance art from the primitive period has been produced from the moment it is closely linked with our social life, dance art for the mass aesthetic education is very significant, dance as an art in addition to its general social function but also has its unique special function, Through these special functions, the function of dance for social life and mass aesthetic education is well demonstrated. Through appreciation, understanding and perception from the superficial to the deep, from the outside to the inside, the masses can gain more cohesion, more aesthetic knowledge, better understanding of their own body and body in the dance art. Through dance, they can understand the long history and national and regional characteristics of our country, enjoy the beauty of China and understand the world. The propaganda and education function of dance also gives people positive energy and releases their daily pressure and fatigue through dance. The following content analyzes the advantages and various aspects of aesthetic education brought by dance from different functions of dance.

Keywords

Mass aesthetic education; Dance art; Aesthetics; Dance practice; Dance appreciation.

1. Introduction

As an art form integrating sensibility and rationality, dance occupies an important position in the current education system, especially the role of dance in aesthetic education. This paper takes the aesthetic education of dance to the people as the core concept, analyzes the function and practicability of dance, through dance and interdisciplinary research, analyzes that people in the process of dance to get a beneficial rise in physical health and mental health, increase physical vitality and quickly improve physical function and immunity. In some countries, the establishment of dance therapy means that the function of dance has been widely recognized and applied. Such application does not only show that dance is a simple dance or physical movement. Analysis study of dance dance education and social education popularization, the media and the rise of new media, the iteration of science and technology makes the dance art has a very important role on the aesthetic education, for training and experience of body beauty, the dance for the cultivation of temperament has obvious effect in particular, tall and straight figure, now a lot of children, teenagers occupied the main position, the aesthetic choice of the dance How to dance can let us experience the real and good beauty from the body, and understand the basic concepts of "beauty" and "ugliness" and apply these to the dance.

2. The Function of Dance as A Medium or Intermediate Link

Dance function compared with other art style or art show, dancing as special timeliness, space, dynamic audio-visual kinesthetic social function of art in addition to have Shared with other art, dance art has its particularity, the functional sex of the dance changing accumulated in the river of history. It is divided into ancient function of dance and modern and contemporary function, ancient function; Entertainment (dance to reach huan), sacrificial prayer, exchange and friendship mate selection, fitness, martial arts, elephant gong, combat hunting labor education,

etiquette life education. Modern and contemporary functions; Amuse oneself, express feelings, exchange feelings to enhance friendship, enhance physical fitness to prolong youth, appreciate pleasure edify sentiment, understand the society, understand the world, propaganda education, unity and encouragement. The function of dance determines the practicality of dance is very rich. The folk dance or mass activities of the masses can be very direct as to quickly obtain the cohesion, identity, the medium of happiness or the intermediate links, dance also has a broad age range, through interdisciplinary research in the process of the people in the dance of beneficial to body health and mental health of rise, increase vitality quickly improve body function and body immunity, The lyricism of dance is recorded in "MAO - Preface to Poetry" : "If chant is not enough, the dance of hands and feet will be dancing. "Often by dancing can express no words can express the emotional content can be very direct through the" dance of the intermediate links "to release, now the dance have been established with disciplines such as psychology and behavioral science rehabilitation medicine intersection, the establishment of dance therapy course in some countries said the function of the dance has been widely recognized and applied, This application not only shows that dance is a simple dance or physical movement, but also spiritual production is a special spiritual production. How to make good use of the particularity and function of dance is a problem that we literary and art workers need to consider constantly in practice. The organic combination of universality and particularity, the high unity of form and content, and the social function of dance is not constant and will develop with the development of social life.

3. The Influence of Dance Appreciation on Aesthetic Education of the Masses

There are abundant ways to show dance art in China. The vigorous development of theater art, the popularization of dance education and social dance education, the continuous sublimation of media and new media, and the iteration of science and technology all make the media of dance art communication more and more broad and extensive. Dance itself is a kind of social activity and social culture makes dance must serve the masses, deep in the people, through dance appreciation is the aesthetic subject (audience/masses) to the aesthetic object (different dance works) to obtain the material of spiritual production. The connotation, theme, characters, plot, environment and other content in dance works can give the audience a direct aesthetic impact. The particularity of dance art makes part of the content need to be understood by the audience, but it is different from the direct expression of drama and film. Both the reappearance beauty and the expression beauty contained in the dance need to be understood and appreciated. Through continuous appreciation of dance works, aesthetic cognition and aesthetic interest of the masses can be rapidly improved, and the diversity of dance types can also meet the aesthetic interests of different masses. According to the same dance style, dances can be divided into classical dance (not generally referred to Chinese classical dance), classical dance of different countries, such as ballet and Chinese classical dance, Han Tang dance, Kun dance and other dances with exemplary significance. In ballet, for example from the palace to produce is now each country to spread widely, because of the ballet full display art creators in the different periods of change of decorous, model, the correct time show that ballet won many people's love of art, with most of the ballet drama more appears in the image of "princess" "prince". The gentleman and elegant status and detail to the audience must be very shock, the influence of a lot of children in accept began after germinal ballet, prince and princess dream for children's enlightenment and influence life made a profound influence on education, the beauty of the charm of Chinese classical dance, the beauty of artistic conception, extraordinary beauty, the beauty of history as the "silk road rain flower" from the dunhuang grottoes in the modelling, Through the appreciation of the wonderful experience, the charm of "Ta Ge" also

shows the ancient festival singing and dancing wit. This kind of aesthetic feeling is quite different from ballet, and the cultural and historical romance experienced by the audience after aesthetic activities is also very rich. The ethnic folk dance is full of ethnic and regional colors. China has 55 ethnic minorities and all the characteristics of these different ethnic minority dances are another show of beauty. Due to the geographical location and cultural and historical differences, han nationality areas have many dances with local colors, such as northeast Yangko, Generation and our country northeast yangge northeast the wisdom and living habits of the northeast people with humor, atmosphere, sweep, joy cohesive folk dance, audiences through the northeast yangko can obtain joy joy up emotions, such as the modern and contemporary dance popular over the years, this is speculative life dance has also been a lot of the audience favorite, The youth-oriented trend of hip-hop has also become a unique culture. Because the universality of dance has a great deal of aesthetic value for the aesthetic subject, it plays a very important role in promoting the aesthetic improvement of the masses.

4. The Influence of Dance Practice on Aesthetic Education of the Masses

Dance can not only serve the aesthetic subject (audience/masses), but also change from the aesthetic subject to the performance of dance works or dance, because the carrier of dance is different from other arts, and the carrier of dance is human. Just because of this, the aesthetic subject can also become the exhibitor and feeler. First, for the cultivation and feeling of body beauty, dance has a particularly obvious effect on the cultivation of temperament and upright posture. With the implementation of the national "double reduction" policy, many children and teenagers choose dance as the main position of aesthetic education. The role of dance is very pioneering. Through dancing, we can feel the organic combination of body and nature. The enlightenment of motion mechanics and musculature also plays an enlightening role. From the perspective of group, the cohesion of the masses can be increased through dance. The cohesion in group dance is not deliberately generated, and most of them are spontaneous and independent. In addition to such cohesion, the masses can also feel the power of the group and get different help from different levels of communication, playing a dynamic role in social life and social harmony. Through dance practice, we can learn a lot of historical culture, era culture, spiritual outlook and other aspects. The new era is also very appropriate for our goal of cultural power and cultural confidence. Dance practice can also create some "new" thinking content in the "self", which seems to be a new transformation of past behavior, relationship or thinking mode, which can subtly influence the core concept of self, others and the world. Through dance practice, we can experience the real and good beauty from the body, and understand the basic concepts of "beauty" and "ugliness" and apply them to dance. To feel the "truth", "goodness" and "beauty" through dance practice is not only the dance itself but also the beauty of costumes, props and stage sets. As auxiliary components of dance, costumes, props and stage Settings can intuitively make the masses feel the external beauty of dance. The impact of dance practice on the aesthetic education of the masses is not only a single achievement, but a variety of development. Dance must be an indispensable part of the aesthetic education of the masses, which has special educational significance, rich practical significance and extensive comprehensive significance.

5. The Influence of Different Dance Types

Ballet teaching.

Ballet is a dance art form with elegant characteristics. It originated in Italy, flourished in France, reached its peak in Russia, and gradually spread to the world from that country. Ballet has With more than 300 years of development history and hundreds of years of development, it has established a relatively perfect performance and training system. It is a crucial type of classical

dance in western regions, and is also known as the world dance. It might have four. The specific aesthetic standard of ballet is the basic ballet posture of open, stretched and straight, which greatly extends the dancers' body lines and increases the expressive force and sense of the movement form. Dyeing power, showing the agility of dancers; And in the process of maintaining the balance of the aristocratic. Each part of barre dance reflects the unique aesthetic characteristics, among which the toe is. The style of this dance is very obvious, and the main reason why people can feel beautiful is to ensure that the body is straight and upright, to keep the natural upward extension, and to be able to use graceful and light steps.

The performance is ethereal and light-hearted as a fairy. The beauty of ballet is noble and elegant beauty, dance posture plays a crucial role in this process, it is a good dance. The series of poses gives the dance its soul. The essence of ballet is light and misty poetic painting and perfect symphonic movement, these factors can reflect the beauty of ballet, and through ballet Teaching can put these beautiful bodies in front of students, enhance students' aesthetic understanding, promote students to discover the aesthetic value.

Modern Dance Teaching.

In the 20th century, modern dance has not been understood by many people. People often fail to understand the emotions conveyed by modern dance and find the beauty of this dance form, which also affects the development of modern dance teaching and aesthetic education. Play garden of righteousness. Under the background of the deepening reform and development of dance art, the attention of modern dance has gradually increased. Of course, people's attitude towards modern dance has also undergone earth-shaking changes and improved their understanding of this dance form. Force, so that people can smoothly grasp the emotions reflected in the works. Modern dance is a dance art form consistent with the laws of natural movement, which can use free and arbitrary methods to promote emotional expression and require the use of dance art to reflect the present Social life, so open into a variety of modern dance styles. Different people have different views and want to express different emotions, so in the development process of modern dance, a variety of different styles have been formed, but also into the The experience of living with others. The beauty of modern dance is mainly reflected in self-field, that is, to dance in the way one is interested in is natural beauty. Modern dance can express the inner emotions of people, be it happiness, Sorrow or pain, anxiety, can be expressed through modern dance, a free art form. Therefore, more and more people fall in love with modern dance, and in the process of freely expressing and discovering the truth and goodness of natural beauty and reality, also promote the present. The reform and development of substitute dance teaching. In modern dance teaching. We should encourage students to fully understand and improve their aesthetic culture, improve their temperament and poise, and use modern dance art to reflect their aesthetic understanding and fully liberate their hearts.

Chinese classical dance teaching.

Classical dance is a dance art form with obvious classical style, which is based on national folk dance, sorted out, refined and comprehensively processed by many dance professionals, and obtained through long artistic practice. Classical dance has The long history of development is a representative of the outstanding achievements of Chinese traditional culture, and also realizes the inheritance and development of traditional culture. Not only that, the classical dance also joined the wumu opera and other artistic elements, coupled with the eyes of the loss of breath us, unique shape and good sense of rhythm, the Oriental beauty of hardness and softness, let a person indulge in them. The key elements of classical dance are body technique, body rhyme and technique. Body rhyme is the soul of classical dance, which emphasizes the use of god to lead the form, with the form to convey the spirit. At the same time, flexible use of open, spirit, strength, law and other diversified forms of expression, so that the classical dance with Chinese characteristics of cultural dance aesthetic characteristics. The beauty of classical dance

is mainly manifested in the form of god, the strength of these aspects. Fractal image is The basic characteristics of art, but also the transfer of the artistic beauty of classical dance; God emphasizes charm and inner emotions, only the rich charm of classical dance art can reflect the unique beauty and dance soul: jin mainly focuses on the performance of the dance force Tao processing, in the performance of classical dance, requires the combination of dynamic and static, moderate strength, so that the dance has a heavy taste; Rhythm is a unique power in classical dance, which can make dance movements varied and bring people the pleasure of unimpeded and free change.

Wang is the complement of these elements constitute a complete and unique beauty of classical dance, which further enriches and expands the aesthetic significance of classical dance teaching. Chinese folk dance teaching Folk dance is not a popular dance art, of course, it is also widely spread among people, and has been favored by people, the main reason lies in the folk dance with distinctive local and national characteristics, is a traditional dance art Large form, can be based on different Angle exhibition to show the nation's long history and profound cultural heritage. China is a multi-ethnic country, in the development of different ethnic groups in the formation of a variety of large forms of dance garden. Not between nations, because Due to the different regions, different ethnic groups have formed unique ethnic dances from the county due to their different cultural customs, religious beliefs and military thinking. Different ethnic dance art wood, the final aesthetic sense of the show varies greatly, but No matter what kind of nation it is, folk dance has very distinct aesthetic value and is an important material for aesthetic education. For example, the Dai dance is quiet and beautiful, the emotional expression is more reserved, the hand movements are relatively more, and the modeling reflects the sculpture Beauty, the action of the other three orioles let the unique beauty of the Dai nationality office be fully reflected; The Mongolian dance is as bold, passionate and free as the Mongolian people living on the grassland. It embodies the bold and unrestrained beauty To highlight the characteristics of the guang ethnic group. The three kinds of folk dances show the unique beauty of the nation. However, such beauty is very different, but all of them have been recognized and people are willing to experience.

6. Summary

To sum up, dance through the function of dancing art can make people get very rich spiritual production materials, and has appropriate aesthetic education methods for people of different ages. The appreciation and practice of dance interact with each other. Compared with other arts, dance art is very easy to learn and get started, and the physical and mental feelings brought by dance are also very rich. Serving the people comes from the people, which is also a major feature of dance art. As a medium to convey Chinese stories well, dance is also very consistent with the "Dance for life" proposed by Mr. Wu Xiaobang and pointed out by MAO Zedong at the Yan 'an Forum on Literature and Art. Dance art should serve the people and serve the common people more. The 11th National Congress of China Federation of Literary and Art Circles (CFLAC) and the 10th National Congress of Chinese Writers Association (CWA) have opened at the Great Hall of the People in Beijing. Xi Jinping, General Secretary of the CPC Central Committee, Chinese President and Chairman of the Central Military Commission, attended and delivered an important speech. In his speech, the general secretary further summarizes the founding in one hundred, especially since the 18th achieved fruitful results, the front and from the "national revival weiye" "the people's position" "positive innovation" "speak good Chinese story" "carry forward the path" these five aspects, for the vast number of literary and art workers put forward 5 points, inspiring us to strengthen the cultural consciousness, strong cultural self-confidence, To display the new atmosphere of Chinese literature and art, create new splendor for Chinese culture, and provide strong value guidance, cultural cohesion and spiritual impetus

for the realization of the second centenary goal and the Chinese dream of the great rejuvenation of the Chinese nation. We should have a thorough grasp of the theme of national rejuvenation, and closely integrate the pursuit of life and artistic life with the future of the country, the destiny of the nation, and the aspirations of the people. We should use literature to promote development, cultivate talent, build hearts, and forge souls, and write literary and artistic creation into the history of national rejuvenation and the journey of the people. We should adopt a holistic view of history and The Times, and grasp the course of history and the trend of our times. It more precisely expounds the basic goal of our literary and art workers in serving the masses and serving the people. The function of dance in mass aesthetic education is very rich and important, how to use the function of dance to serve the people is also worth our research and thinking.

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