

The Cultivation of Academic Writing Ability of Sports Postgraduates

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Abstract

"Academic paper refers to the expression of scientific research in the field of natural science, social science papers, it can show the authors have made a new achievements in certain scientific research or innovative insights and knowledge, or is a known principle of some new progress has been made in the real practice scientific summary of papers in academic journals or academic conference, communication and discussion. It has the characteristics of scientific, creative, theoretical, easy, professional and practical, and has standardized writing methods ". The writing of academic paper is very important. It is an important symbol to measure one's academic level and scientific research ability. Through the preparatory work in the early stage, the writing work in the middle stage and the tedious revision work in the late stage, the graduate students can not only improve their understanding of their professional knowledge, but also exercise their language organization ability. As far as the current form is concerned, the quantity and quality of the paper are important indicators for most training units to evaluate the merits and disadvantages of students. And in recent years, with the change of the national policy situation, the quality of academic papers has become higher and higher requirements for master's thesis writing ability. However, there is a general problem of low quality of thesis for master students of physical education. The topic selection of the thesis is not novel and lacks innovation. This of course has the problem of training units, but the biggest problem is the lack of scientific, systematic paper writing practice for a long time, resulting in low paper writing ability. In order to improve the thesis writing ability of postgraduates, we need to carry out scientific guidance and systematic training for postgraduates to improve their logical thinking and written organization and expression ability.

Keywords

Sports; Graduate Students; Thesis Writing; Academic Ability.

1. Introduction

In a sense, the writing level of a graduate student's thesis can directly reflect the academic level of a graduate student, and intuitively show its knowledge category, theoretical basis and comprehensive quality[4]. In the process of literature review, academic exchange, writing the opening report and publishing academic papers, the writing level and writing ability of graduate students directly affect the effect of academic activities. Therefore, it is particularly important to improve students' writing ability.

The first step in the writing of an academic paper is to choose the topic of the paper, collect information, formulate the outline of the paper, write the core content, and revise it[5]. For an excellent academic paper, each of the above steps is indispensable, and each of the above links has a strong correlation. However, in the process of postgraduate training, most of our country's postgraduate training units tend to be more inclined to the training of professional knowledge and scientific research ability. Ignoring the basic construction of expression ability

and writing ability. As a result, students often appear logic confusion, language expression is not accurate and other problems. Due to the particularity of students majoring in physical education, compared with other subjects, the cultural accomplishment of students majoring in physical education is low, resulting in the above problems more serious. Therefore, this paper tries to find out the problems in the thesis writing process of postgraduates, carry out research and analysis, and put forward suggestions and countermeasures for the weak ability of sports postgraduates to write academic papers. Of course, to write a good paper is not achieved overnight, need a long time of accumulation and polishing.

2. The Problems and Reasons in the Writing of Sports Academic Graduate Students

As the highest degree in Our country, postgraduate is a further and advanced stage of undergraduate study[6]. The biggest difference between the postgraduate study and the undergraduate study lies in the more detailed and in-depth research on the subject theory and a wider range of subject knowledge. However, graduate students' ability to express and write is largely determined by the education they received in their undergraduate years or even many years ago, which leads to the uneven ability of students.

For a long time, influenced by China's exam-oriented education "score is king", resulting in the compulsory education stage, the students' organizational ability and language ability training time is insufficient, which to a large extent leads to the language expression ability of Chinese college students are generally not strong. As students enter the stage of graduate study, they need to write academic articles, which have more stringent requirements in format, content, perspective of analysis and other aspects. Facing the research direction, it not only requires the graduate students to master the basic skills of academic writing, but also puts forward higher requirements for their thinking.

Students majoring in physical education pay more attention to the cultivation of practical skills and lack the accumulation of writing, leading to the weak writing ability of postgraduates majoring in physical education, which directly affects the output of academic research results of students majoring in physical education. The problems mainly appear in the following aspects:

2.1. The Thesis Topic Lacks Pertinence

The writing of the paper, the paper topic is the first step of the long march, its importance is self-evident[8]. Topic selection is not simply to choose a name and set a scope for the paper, the topic selection is based on the direction of research, their own conditions and a large number of literature reading to determine the "main way forward" of the article. Choose a good topic, need to go through three steps, the first is the collection and reading of literature, then is in the mass of literature to choose a small point I am interested in, finally is combined with their own actual situation and the advice of the tutor, to determine the choice of paper. However, many students in the process of paper topic drafting, often appear paper topic knowledge is too wide, too many research directions and research content does not match their knowledge reserves and other problems. The writing of the paper has a strong continuity, the problem of the paper title itself will lead to errors in the body part of the paper. Logical contradiction of text, lack of innovation and persuasiveness of ideas, insufficient knowledge reserve to complete the whole paper and other problems will appear. Therefore, the topic of the paper must be careful, careful, in the access to a lot of information and after the approval of the tutor, in the paper title.

2.2. Insufficient Data Collection and Analysis Ability

The collection and analysis of literature is the only way to complete an excellent academic paper[9]. However, many graduate students often rush to write their papers without knowing

the latest research status, only to find that their ideas have been thoroughly studied and lose the value that their papers should have. When writing a paper, people do not know the direction of the research and prepare it hastily, which does nothing for the research and wastes time. In addition, the scientific nature of academic papers requires detailed and powerful arguments, which requires graduate students to have the ability to consult data, analyze and sort out data. However, most of the current sports graduate students lack the ability to collect and analyze data, and to judge and summarize.

2.3. Lack of Knowledge in Writing Methods

Most of the postgraduates of physical education come from the undergraduates of physical education, and most of them will choose the direction of physical education teacher. This occupation values the cultivation of skills, so the postgraduates of physical education should take into account the improvement of special skills while learning culture. Therefore, there is not enough time to understand the characteristics and requirements of academic writing such as dissertation, thesis opening report and all kinds of academic papers. In most cases, postgraduates of sports major have advantages in special skills and tactics, but their language expression ability is relatively weak. At the same time because of the physical education graduate students for the thesis writing training type of courses, resulting in many physical education graduate students are prone to various problems in writing. In this case, training institutions need to pay attention to it, set up special theoretical courses related to paper writing, and assign practical homework according to the actual situation of students.

2.4. Most of Sports Postgraduates' Literature Reading is Superficial and Their Logical Thinking Ability is Insufficient

Under the influence of traditional physical education, there is a general phenomenon of inadequate English proficiency of sports graduate students, which is mainly based on Chinese literature and rarely quoting foreign literature, which limits the reading amount of graduate students. In addition, as for the reading mode, most graduate students like to read extensively and do not have a deep understanding of the content of the paper. Unable to think deeply about how predecessors found and solved problems, it is not good for graduate students to develop rigorous logical thinking.

2.5. Lack of Scientific Research and Practice Activities

Sports graduate student scientific research activities mainly attached to the teacher, with professional sports to the rising number of graduate students, leading to a tutor in teaching task to finish his studies at the same time, with dozens of the guidance of graduate work, so you can't make a commitment to each student, with different directions of a mentor project resources difference is very big, In addition, many graduate supervisors have different research directions from their undergraduate studies. As a result, graduate students need to spend a lot of time on basic knowledge learning when facing the research directions and topics of their supervisors, just like novices. In this way, most graduate students lack the opportunity of scientific research exercise, the scientific research practice link can not be guaranteed, and it is difficult to improve their scientific research ability, so that they lack scientific research experience when writing their dissertation.

To sum up, there are many problems in the thesis writing of PE graduate students. In the face of these problems, our country has a master graduate student needs not only the cultivation of qualified units in the mastery of the knowledge base and the literature reading and analysis, logical thinking ability and so on to strengthen training, but also need by changing the teaching ideas, training modes, teaching management reform, to strengthen the academic paper writing of graduate student sports ability.

3. Ways to Cultivate and Improve the Writing Ability of Postgraduates

3.1. Cultivate Graduate Students' Ability of Data Collection and Processing

- 1). Graduate training institutions in China should try to fundamentally improve the writing ability and the ability to solve practical problems by strengthening the ability of data collection and sorting, consolidating the basic knowledge of science and culture, strengthening the cultivation of logical thinking ability, enhancing the ability of innovation, enhancing the ability of language expression and so on.
- 2). Open relevant courses to systematically and scientifically explain the methods of collecting, processing and analyzing literature. Cultivate students' habit of looking up literature and guide them to sort out the retrieved materials.
- 3). Tutors should also regularly guide students in their ability to collect data and deal with problems. Encourage graduate students to pay attention to the topic of the topic is not too big, too broad, to learn to stand on the highest level of human academic thinking to look at the problem. At the same time, graduate students can also be encouraged to pay more attention to specific, special, or even unpopular academic cases to discover new writing ideas, so that the paper can be more innovative.

3.2. Start Writing after Reading the Literature

Literature review referred to as review, also known as literature review, literature analysis. Good literature collection and logical thinking ability are very necessary for graduate students to broaden their writing ideas. Many graduate students are prone to basic writing problems after the completion of their thesis writing: word order disorder, illogical, colloquial serious, low summarizing ability, and even the most basic thesis format may be wrong. The root of these problems, or because the paper writing the most basic ability caused by the lack of. At present, one or two thesis writing courses are generally carried out in the study stage of sports graduate students, but relatively speaking, they have short learning time and few opportunities to practice. Without adequate preparation, there is a high probability that anything will end in failure, let alone something as rigorous as academic paper writing. Therefore, it is necessary for graduate students to pay attention to the teaching and practice of theoretical courses and start from literature review, so that they can not only fully grasp the research hot spots and development direction of relevant research, but also exercise their reading ability, improve their logical thinking ability and help them find the correct positioning. Moreover, it is relatively easy for writing ability without too tedious steps, which is a good way to help graduate students improve their writing ability.

3.3. Consolidate the Basic Knowledge of Culture and Science and Enhance the Innovation Ability of Graduate Students

Courses in related thesis writing, which requires the corresponding subject also USES an innovative way of teaching, the teacher is no longer a common course of the original form, but add more professional sports direction for the cultivation of the postgraduate course, cause the students' interest in writing, to cultivate students' innovative thinking, and with the research paper writing, combining rigid requirements, etc, At the same time, the innovation of scientific research papers is advocated to form a guiding effect.

3.4. Carry Out Academic Exchanges and Strengthen the Cultivation of Logical Thinking Ability of Postgraduates

By explaining basic theoretical research methods, teachers can cultivate the ability of graduate students to discover new problems, new relationships or new laws by using basic thesis writing research methods. In addition, it can help graduate students to understand and master the writing format and method of domestic and foreign journal papers and dissertation subject

application through the guidance of tutors and joint training. It can help them improve their written expression ability by reading and analyzing a lot of literature and on the basis of regular training and inspection. At the same time, strengthen academic exchanges. Students can exchange academic achievements from time to time, and participate in academic conferences to increase their knowledge[10].

4. Conclusion

Thesis writing is never plain sailing, overnight, it needs a long time of academic accumulation and a large amount of knowledge reserve, after careful analysis and research, a qualified academic paper can be presented in everyone's eyes. Of course, academic research is a very "torture" thing, but that is why we should "know there is a tiger, biased to tiger mountain"?

Acknowledgments

Natural Science Foundation.

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