

Instructions to Authors

Adaptive Medicine, is a blind peer-reviewed journal, open access quarterly journal, that considers articles on all fields of adaptive sciences including the basic and applied studies of physiology, pharmacology, biochemistry, hypoxia, anti-gravity, exercise, gerontology, psychology, nursing, nutrition, environmental sciences as well as aerospace and undersea medicine. Only English written language is accepted for publication in Adaptive Medicine. Send the cover letter and original manuscript to the Editor-in-Chief, Dr. Chien-Chen Lu, via Email (am.editorial.office.mkc@gmail.com) or Online Submission System ([Adaptive Medicine-iPress](#)).

To facilitate editorial processing, the following points with regard to the preparation of manuscript should be noted.

1. Five article types are considered for publishing in the Adaptive Medicine journal:

(1). Original Article: It is a substantial novel research study, with a complex story often involving several techniques or approaches. Abstract length: 400 words or fewer (The Abstract must not be structured into separate sections). Article length: 5000 words or fewer.

(2). Short Communication: It is a concise study and contains short technical notes or preliminary experimental results. They should not exceed a total of five printed pages and not include more than three illustrations. Abstract length: 250 words or fewer. Article length: 2000 words or fewer.

(3). Review Article: It is published usually upon invitation to outstanding scientists on special topics. Abstract length: 400 words or fewer. Article length: 8000 words or fewer.

(4). Case Report: It reports a concise unique study of disease processer that may expand the differential diagnosis and improve patient care. A report should contain abstract, introduction, case report, discussion, acknowledgments, references, tables, legends, and figures in sequence. Abstract length: 400 words or fewer. Article length: 5000 words or fewer.

(5). Research Highlight: It is by invitation only. It is a kind of brief review focusing on the paper of exceptional significance written by the same author. It would be better that the research highlight can be combined with proceedings of the author's research. Abstract length: 400 words or fewer. Article length: 5000 words or fewer.

2. Manuscripts must be typewritten and double-spaced with margins on one side of paper. Pages should be numbered in center of the page footer.

3. The manuscripts should be arranged in the following order: title page, abstract, key words, introduction, materials and methods, results, discussion, acknowledgments, references, tables, figure legends, and illustrations.

4. The title page should contain the complete article title, a running page headline (short title) not to exceed 50 characters, the name of institute where the work was done.

5. References cited in the text should be indexed by order in parenthesized Arabic numerals and not alphabetically by the names of the authors. The references list should be in alphabetical order and numbered consecutively.

The style of citation should be as follows:

Journal Articles. Last name of first author, followed by initials; last names of each coauthor followed by initials, title of article

(only first word capitalized); name of journal (abbreviated as in Index Medicus, published by the National Library of Medicine, USA), volume, inclusive pages, and year. Examples:

(1). Tang, J., Wu, F.J., Wang, D., Jen, P.H.S. and Chen, Q.C. The amplitude sensitivity of mouse inferior collicular neurons in the presence of weak noise. *Chinese J. Physiol.* 50: 187-198, 2007.

(2). Turzillo, A.M., Nolan, T.E. and Nett, T.M. Regulation of gonadotropin-releasing hormone (GnRH) receptor gene expression in sheep: Interaction of GnRH and estradiol. *Endocrinology* 139: 4890-4894, 1998.

(3). A document without author(s) should be cited as a footnote at the bottom of the page where its content is mentioned.

Book References.

Examples: Author(s) as above; title of book (main words capitalized); city of publication; publisher; year and pages.

(4). Kurosumi, K. and Inoue, K. Ultrastructure of anterior pituitary cells. In: *Morphology of Hypothalamus and Its Connections*, edited by Ganten, D. and Pfaff, D. Berlin, Germany: Springer-Verlag, 1986, Current Topics in Neuroendocrinology, vol. 7, pp. 99-134.

(5). Schmidt-Nielsen, K. *Animal Physiology: Adaptation and Environment*. London, UK: Cambridge University Press, 1975.

Abstracts.

An abstract properly identified (Abstract) may be cited only when it is the sole source. Examples:

(6). Abe, Y., Suwa, Y. and Suzuki, H. Vitrification of canine embryos at various developmental stages. (Abstract 413). The 41st Annual Meeting of the Society for the Study of Reproduction, Kailua-Kona, Hawaii, USA, 2008, p.164.

(7). Turkenkopf, I., Olsen, J. and Johnson, P.R. Hepatic lipogenic enzyme activity in the preobese Zucker rat (fafa) (Abstract). *Federation Proc.* 38: 547, 1979.

6. Abbreviations and symbols for units of measurement should conform to international recommendation.

7. Tables should be typed on separate sheets, be numbered in Arabic numerals and be accompanied by adequate headings. Explanatory matter should appear in foot notes that are identified by superscript letters or asterisks. Their appropriate position in the text should be indicated by a note in the margin.

8. Figures should be large enough for reproduction. Figure legends should be typed separately.

9. If there are colored pages in a manuscript, authors must agree on printing them in colored plates, which are at the expense of the authors, after this manuscript is accepted for the publication.

10. To expedite the review process, authors are encouraged to submit names including E-mail address of 4-6 suggested reviewers.

11. There is no page charge for a paper.

12. For research articles with human subjects, the patients have a right to privacy that should not be infringed without informed consent. Identifying information, including patients' names, initials, or hospital numbers, should not be published in written descriptions, photographs, and pedigrees unless the information is essential for scientific purposes and the patient (or parent or guardian) gives written informed consent for publication. Informed consent for this purpose requires that a patient who is identifiable be shown the manuscript to be published. Authors should identify individuals who provide writing assistance and disclose the funding source for this assistance.

13. The statement of conflict of interest and the statement of human and animal rights will need to be submitted when the manuscript has been accepted.