

Vol.20 January 2016

Tzu Chi Medical & Nursing Care

Honorary Publisher Dharma Master Cheng Yen

Honorary Consultants Duan-Zheng Wang, Pi-Yu Lin, Shao-Ming Chen

> President Chin-Lon Lin

Editorial Boad Peng-Jung Wang, Wen-Jui Lo, Jen-Hung Yang, Ruey-Ho Kao, Sou-Hsin Chien,

> Yuh-Lin Chang, Win-Him Poon, You-Chen Chao, Ning-Sheng Lai, Sheng-Chieh Lin, Jer-Fu Lee, Mu-Tsu Hsu, Tsung-Ying Chen, Shu-Ting Chuang, Hsin-Hou Chang

Consultants Wen-Ping Tseng, Ing-Ho Chen, Yao-Jen Chang, Ji-Hung Wang, Lih-Shinn Wang,

> Wen-Lin Hsu, Su-Cheng Huang, Rong-Yuan Shyu, Heng-Chia Chang, Peir-Rong Chen, Yen-Pi Chen, Jin-Cherng Chen, Jen-Shu Wang, Chun-Liang Lai, Jui-Teng Chien,

Ming-Nan Lin, Chuan-Jen Hsu, Hin-Yeung Tsai

Editors-in-Chief Rey-Sheng Her, Shu-Chuan Chang

Deputy Editors-in-Chief Ching-Fang Tseng, Hsueh-Li Huang, Chiu-Feng Wu, Ling-Ling Lee, Mei-Fang Chang

Executive Editors Shu-Chen Wang, Chi-Ping Chang, Yu-Chuan Lin, Hui-Yen Liao

Compilation Editors Chang-Tao Wang, Wan-Hsiang Wang, Fang-Chu Shen, Tsui-Tsui Yu, Yen-Fan Lee,

> Chung-Jen Lee, Mei-Ling Lin, Ya-Ping Lin, Shu-Fen Lin, Chu-Ru Lin, Mei-Ling Wu, Yi-Maun Subeq, Chen-Ju Ko, Yu-Chen Fan Chiang, Yu-Chin Ma, Mei-Hwa Hsu, Hsiang-Tzu Hsu, Shiou-Fang Lu, Yu-Lun Kuo, Chia-Jung Chen, Shiu-Ping Chen, Mei-Ling Chen, Shu-Ling Chen, Chi-Chen Hsu, Ying Tsao, Jui-Ling Chuang, Li-Chyn Chang, Mei-Chuan Chang, Lu-I Chang, Chi-Fen Tseng, Shu-Ying Fu, Chun-Chao Huang, Hsiu-Chen Yeh, Hsiao-Ching Yang, Hsin-Tong Yang,

Chao-Ying Yang, Ru-Wen Liao, Pei-Lin Liao, An-Na Teng, Yi-Ting Liu, Pi-Chueh Tsai,

Ya-Hui Su, Hui-Ling Lai, Mei-Lin Hsieh (By the order of Chinese Last Name)

Managing Editors Chiu-Hui Huang, Kaiping Fang

Art Designers Tzu-Fu Hsieh, Yu-Ru Lee

Administration Yi-Fang Wu

Special thanks to Volunteers of Tzu Chi USA Humanitarian Development Department, Tzu Chi USA

Translation Coordinators(USA) Kit K.Ho

Helen Chiao, Blanche Kung, Chelsea Liu, Ingyung Tse, Wei Jen Lin, Olive Chen, Translators

Doris Shieh, Alison Tsai, Larry Kao, Harrison Lin, Han-pin Kang, Lisa Chen, Cindy Gao

English Editors Charles Latizia, Kit Ho

Publication Medical Development Department Medical Missian Buddhist Tzu Chi Foundation

Service +886-3-8561825 ext.2120 Website http://www.tzuchi.com.tw

Printed in Taiwan Yu-Li Color Reproduction Co., Ltd. Hold-Com Color Printing Company

Tzu Chi Medical & Nursing Care is owned and published by Buddist Tzu Chi Medical Foundation 707, Chungyang Rd., Sec. 3, Hualien City, Taiwan 970

Copyright © 2016 Buddist Tzu Chi Medical Foundation. All rights reserved.

For environmental protection, Tzu Chi Medical & Nursing Care uses recycling paper and printing.